

Resident Camp GSCO Communicable Disease Plan

Girl Scouts of Colorado is committed to the health and safety of every individual who participates in a Resident Camp program. GSCO's Resident Camp Communicable Disease Plan is meant to help reduce health risks and control the spread of infectious diseases. This plan is developed & continually adjusted and adhered by the guidance from CDC, Alliance for Camp Health (ACH), American Camp Association (ACA), Colorado Department of Public Health & Environment (CDPHE), Colorado Department of Human Services (CDHS) Office of Early Education.

PREVENTION	PLAN SPECIFICS	RESOURCES/CONSIDERATIONS
GENERAL	<ul style="list-style-type: none"> □ Identify CDP Team responsible for critical services & follow through of CDP Plan. □ Annual review of CDP by members of the CDP Team □ Communicate & educate CDP to GSCO community □ Provide a refund policy which encourages families to report exposure and/or identification to communicable disease. □ Ensure camp is provided with appropriate PPE and cleaning/disinfecting equipment. □ Ensure camp is provided with COVID-19 rapid tests □ Stay up to date regarding information & regulations provided to child care centers & camp programs □ Camp programs are required to adhere to the requirements given by the state in relation to the county's status within the COVID-19 dial. □ Refer to camp Symptom Management Plan, Medical Orders & Health Plan for testing considerations for COVID-19. 	<p>View GSCO CDP online communication Sign in to CampInTouch to review <i>'Resident Camp COVID-19 Testing/Vaccine & Mask Recommendations & Information'</i> & sign <i>'Acknowledgment of Receipt'</i> of this document, <i>'Resident Camp GSCO Communicable Disease Plan'</i>. View summer camp cancellation/refund policy here</p> <p>An adequate number of COVID-19 rapid tests is essential to help diagnose possible cases of SARS-CoV-2 at camp if presenting signs/symptoms.</p> <p>Essential resources:</p> <ul style="list-style-type: none"> □ CDPHE Child Care Health Regulations Infectious Disease Guide How Sick is Too Sick Residential Camp Guidance Immunization Guide for Resident Camps Day Camp Guidance □ CDC □ ACA Field Guide for Camps □ ACH
PRE-ARRIVAL	<ul style="list-style-type: none"> □ Collect & review all individuals Health History with record of up-to-date immunizations. □ Collect & review all campers Physicians Forms, and applicable Medication Administration forms. □ Recommend families conduct daily personal health monitoring of their camper at least 7 days prior to their arrival. □ Recommend staff conduct daily personal health monitoring at least 7 days prior to their arrival. □ Ask that each camper and staff member arrive well rested, nourished, and hydrated. 	<p>If concerns arise, please contact SkyHighRanch.Nurse@gscolorado.org or TomahawkRanch.Nurse@gscolorado.org</p> <p><i>If the following incidents/conditions should occur, individual must be isolated/excluded from all persons until isolation period is over:</i></p> <ul style="list-style-type: none"> □ Showing s/s as defined within the CDPHE Infectious Disease Guide and How Sick is Too Sick □ Having a temperature of 100.4° OR higher □ Vomiting due to illness

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<p>PRE-ARRIVAL</p>	<ul style="list-style-type: none"> □ Train and educate counselor staff on identification of signs and symptoms of communicable diseases with emphasis on COVID-19. □ Recommend (not required) campers and staff test for COVID-19 prior to arrival □ Recommend (not required) obtaining a complete round of the COVID-19 vaccine. □ Obtain written parental/guardian permission to test campers for COVID19 while at camp. □ Educate about the importance of notifying the camp program immediately upon identification and/or exposure of a communicable disease, including COVID-19 to a camper, staff member or volunteer. □ Inform camper families & staff about health screening procedures both during arrival and daily while camp is in session. □ Inform camper families & staff that the camp reserves the right not to admit and/or send home for quarantine/isolation of individuals who pose a communicable disease risk to others. □ Inform camper families & staff to the health occurrences in which the camper/staff member may be excluded from camp functions. □ Review staff policies regarding helping prevent the spread of a communicable disease with emphasis on COVID19. □ Define criteria for launching Intervention and Outbreaks of Communicable Diseases. □ Identify an isolation room/area and process for sending participants home and/or closing program. □ Create camp cleaning, sanitizing & disinfecting procedures & expectations. □ Create specific plans for Nonpharmaceutical Interventions (NPIs) □ Hang & provide signage which encourages & educates the use of NPIs. □ Conduct staff training on communicable disease plan prior to start of camp. <ul style="list-style-type: none"> -Train staff on current executive & public health orders in Colorado 	<ul style="list-style-type: none"> □ Diarrhea due to illness □ Any major accident or illness requiring a visit to a Doctor <p>General CDP Intervention begins when at least 1 individual begins to present s/s of a communicable disease and/or is exposed to an individual who is presenting s/s of COVID-19 with whom they have had close contact (within 6 feet for a total of 15 minutes or more).</p> <p>CDP Intervention for an outbreak begins when at least 2-4 individuals begin to present similar s/s of a communicable disease within 3-5 hours and/or is exposed to an individual who is presenting s/s of COVID19 with whom they have had close contact (within 6 feet for a total of 15 minutes or more).</p> <p>Should an individual show signs of communicable disease, isolation area is located within health center and/or until individual is sent home.</p> <p>Nonpharmaceutical Interventions include: Screening, Hand Hygiene, Optional use of Face Masks, Cohorting, Sanitizing, Ventilation, Physical Distancing when possibly exposed to communicable disease, Quarantining, Isolation</p> <p>Specific use of NPIs:</p> <ul style="list-style-type: none"> -When possible (weather permitting), keep windows open of buildings while being occupied -Provide fans in buildings where additional ventilation is needed -Outdoor activities preferred -While transporting campers, keep windows open/cracked to increase ventilation (weather permitting) -Follow cleaning/sanitizing expectations & protocols -Sanitize areas of 'frequently high touched.' -Conduct daily screenings on all individuals. -Frequent hand-washing is required throughout the day. -Adequate hand-washing stations are readily available and encourage use of soap/water. When hand-washing is unavailable, i.e. while hiking, during archery, etc. the use of hand sanitizer is encouraged.

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<p>PRE-ARRIVAL</p>	<p>-Train health care staff on prevention, transmission & care of communicable diseases/illnesses.</p> <ul style="list-style-type: none"> □ Consult local public health regarding quarantine guidelines and outbreak control measures. □ Send letters of operation/agreement to local urgent care/hospitals/fire department/EMS/police 	<p>-Hand washing (at minimum) occurs before & after eating and after restroom use.</p> <p>-Cough & sneezes are buried in the sleeve, not covered by hands.</p> <p>Use of face masks is optional for campers & staff</p> <ul style="list-style-type: none"> □ We ask that all camper families make the decision of when and where to wear a mask at camp prior to arrival; camp staff will not be making these decisions for your camper nor enforcing the use of face masks. If the family makes the decision to wear face masks while at camp, the use of face masks is the camper's responsibility. Those who choose to wear masks will be encouraged to continue the use of masks during the duration of camp. <ul style="list-style-type: none"> Per the CDC, it is recommended for all indoor activities, including transportation, the use of face masks for campers and staff (both vaccinated and non-vaccinated). <ul style="list-style-type: none"> ▪ Exceptions include while sleeping, eating, drinking, during water-related activities and high-adventure/strenuous activity or other activities where a mask may be considered a safety concern. <p>-Sleep campers head to toe and 3' apart</p> <p>-Create staggered times for bathroom/shower use</p> <p>-Personal supplies (i.e. hats, brushes, hair ties, contact solution) and drinking containers are never shared with others.</p> <p>-Identified programs which require caution while performing:</p> <ul style="list-style-type: none"> ▪ physical touch activity ▪ large group singing/chanting & indoor singing ▪ shared costuming ▪ outdoor cooking

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DURING CAMP	<ul style="list-style-type: none"> □ Health Care staff use personal protective equipment (PPE) when possible case of a communicable disease is present, or assisting with general first aid care. □ Utilize universal precautions – for everyone and by everyone. □ Practice staggered check-in & check-out of campers to avoid crowding. □ Conduct extensive health screening on all campers upon check-in at camp. □ Orient and educate all individuals on illness-reducing strategies/NPIs. □ Practice the use of NPIs: <ul style="list-style-type: none"> -Ventilation -Sanitizing -Screening -Hand Hygiene -Optional use of Face Masks -Cohorting when a possible exposure is reported -Personal Distancing Safety □ Conduct daily review of health/treatment log. □ Health staff are required to use CDC-specified Standard and Transmission-Based Precautions, when caring for sick people, and use CDC guidance when caring for sick persons. □ Health Center staff isolate individuals with questionable symptoms until communicable illness can be ruled out. □ Reduce the visitation of non-essential visitors and non-camp staff or volunteers. □ Regarding food service: <ul style="list-style-type: none"> -Ensure all individuals practice safe food handling practices with emphasis on good hand washing -Food service provider must create and follow specific procedures regarding the management of food handling safe practices. -Meal services are either a ‘grab-n-go’ & food handler plated service line. □ Encourage the use of specific daily scheduling & whereabouts of campers & staff. 	<p>Screening protocol must recognize that individuals who have conditions that cause chronic symptoms (e.g., asthma, allergies, etc.) should not be automatically excluded. Cough is an exception: individuals with a chronic or baseline cough that has worsened or is not well-controlled with medication should be excluded.</p> <p>Essential resources: https://www.cdc.gov/ https://cdphe.colorado.gov/ https://campnurse.org/ https://www.acacamps.org/ http://coloradoofficeofearlychildhood.force.com/oec?lang=en</p>

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DURING CAMP	<ul style="list-style-type: none"> <input type="checkbox"/> Instruct staff to direct campers complaining of gastro-intestinal upset, including diarrhea, to the Health Center for assessment. (Don't wait for kids to throw up)! <input type="checkbox"/> Maintain access to resources and reliable information. 	
AFTER DEPARTURE	<ul style="list-style-type: none"> <input type="checkbox"/> Conduct a daily staff health screening even with campers not present. <input type="checkbox"/> Ensure all areas of camp are cleaned, sanitized and/or disinfected. 	Record keeping within the specific schedules are used in contact tracing.

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GENERAL: Protocol to restrict any potentially sick persons from physical contact with others.	<ul style="list-style-type: none"> <input type="checkbox"/> Appropriately isolate symptomatic person, following physical distancing protocols. <input type="checkbox"/> Provide adequate care and support for sick individual, including food, access to restroom, medication administration, supervision, monitoring, etc. <input type="checkbox"/> Contact camper's family and provide update of camper's health. <input type="checkbox"/> Consult with medical provider & provide updates. <input type="checkbox"/> Identify s/s and illness as soon as possible; use CDPHE Guidelines for Infectious Diseases to help identify. If the individual has a suspected case of COVID-19, administer a rapid COVID-19 test. <input type="checkbox"/> If a communicable disease is confirmed, suspected, and/or unidentifiable keep individual isolated until able to go home. If remaining at camp, seek additional medical care, keep individual isolated for duration of s/s & during infectious period. 	<p>Any persons with COVID19 symptoms (after being assessed for chronic or other pre-existing conditions and ruled out dehydration or altitude sickness) should be tested for COVID19 as soon as possible and follow isolation protocols.</p> <ol style="list-style-type: none"> 1. Does camper/staff have ONE OR MORE of the following symptoms: <ul style="list-style-type: none"> <input type="checkbox"/> Fever of 100.4 degrees or higher <input type="checkbox"/> Difficulty/hard time breathing (for persons with asthma, a change from their baseline breathing) <input type="checkbox"/> Cough (for persons with chronic cough due to allergies or asthma, a change in their cough from baseline) <input type="checkbox"/> New loss of taste or smell <p><u>If answered yes to any of the above symptoms:</u> STEP ONE: Isolate camper/staff</p> <p>STEP TWO: Perform Rapid COVID test</p> <ul style="list-style-type: none"> • If NEGATIVE: <ul style="list-style-type: none"> -Continue to monitor camper/staff within Health Center for at least 24 hours; not ruling out COVID-19. -If after 24 hours, symptoms cease, camper/staff may return to activities and are closely monitored. • If POSITIVE: <ul style="list-style-type: none"> -Follow COVID-19 positive CDP intervention protocol

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<p>GENERAL: Protocol to restrict any potentially sick persons from physical contact with others.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> If an individual chooses to go home, they may only return to camp after confirmed PCR COVID19 negative test, quarantine period is up, been treated for communicable disease and/or presented no more s/s of an infectious disease. <input type="checkbox"/> Persons who leave camp due to COVID-19 exposure/positive test/signs and symptoms, must adhere to isolation and exclusion requirements, including limitations on travel. <input type="checkbox"/> Begin contact tracing protocols. Reviewing schedules and persons in contact with. <input type="checkbox"/> Initiate cleaning & disinfecting process, including temporary closure of area(s) used by symptomatic person. <input type="checkbox"/> For potentially exposed person(s); must follow quarantine guidelines unless previously obtained COVID-19 vaccine. <input type="checkbox"/> For campers who have been exposed to COVID-19 and choosing to go home, families must adhere to limitations on travel given by the CDPHE. 	<p>-As per the CDC, begin quarantine period for all non-vaccinated persons possibly exposed, closely monitored and screened for s/s of COVID-19. -As per the CDC, Vaccinated persons exposed or possibly exposed to COVID-19 positive individuals need to be closely monitored and screened for s/s of COVID-19.</p> <p>2. Does camper/staff have AT LEAST 2 of these symptoms (NOT related to seasonal allergies and are NEW symptoms):</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sore throat <input type="checkbox"/> Nausea <input type="checkbox"/> Vomiting <input type="checkbox"/> Diarrhea <input type="checkbox"/> Chills <input type="checkbox"/> Muscle pain/Body aches <input type="checkbox"/> Excessive fatigue <input type="checkbox"/> Congestion or runny nose <p><u>If answered yes to any of the above symptoms:</u> STEP ONE: Isolate camper/staff</p> <p>STEP TWO: Perform Rapid COVID test</p> <ul style="list-style-type: none"> • If NEGATIVE: <ul style="list-style-type: none"> -Continue to monitor camper/staff within Health Center for at least 24 hours; not ruling out COVID-19. -If after 24 hours, symptoms cease, camper/staff may return to activities and are closely monitored. • If POSITIVE: <ul style="list-style-type: none"> -Follow COVID-19 positive CDP intervention protocol -As per the CDC, begin quarantine period for all non-vaccinated persons possibly exposed, closely monitored and screened for s/s of COVID-19. -As per the CDC, Vaccinated persons exposed or possibly exposed to COVID-19 positive individuals need to be closely monitored and screened for s/s of COVID-19. <p>For quarantine guidelines (for both vaccinated and non-vaccinated persons) visit: https://covid19.colorado.gov/how-to-quarantine</p> <p>For testing guidelines (for both vaccinated and non-vaccinated persons) visit: https://covid19.colorado.gov/testing</p> <p>As soon as it is determined a person may have a possible case of COVID-19 while at camp, they must be given an unused N-95 face covering to wear, and be isolated from others immediately.</p> <p>LIMITATIONS on travel:</p> <ul style="list-style-type: none"> -Campers or staff who are in quarantine or isolation may not travel by air. -Campers or staff who are in quarantine or isolation may not leave the state of Colorado without permission from public health. -Campers or staff who are in quarantine or isolation may not travel with others unless those people will quarantine with them. -Campers or staff who are in quarantine or isolation may only travel

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<p>GENERAL: Protocol to restrict any potentially sick persons from physical contact with others.</p>		<p>by car if they can reach their destination without stopping (for gas, rest stops, etc.).</p> <p>For individuals choosing to return home and/or leave camp they must follow Refer to CDPHE resources How Sick is Too Sick and Cases and Outbreaks in Child Care & Schools</p> <p>Provide list of COVID-19 testing sites to families and resources.</p> <p>Designate space for individuals to receive non-COVID-19 health services that is separate from a COVID-19 isolation space.</p> <p>Refer to CDC's If You are Sick or Caring for Someone</p> <p>While isolated, individuals displaying symptoms should wear a N-95 face covering, as should supervising/caring staff.</p> <p>*If individual is nauseous, struggling to breathe, or in distress, they should not wear any face covering, but remain isolated.</p>
<p>OUTBREAK OCCURS</p>	<ul style="list-style-type: none"> □ Convene meeting of CDP Response Team. □ Contact GSCO Incident Command Team & provide updates. □ Contact parent(s)/guardian(s) of all exposed and/or showing s/s of a communicable disease or COVID-19. □ Identify symptoms and illness as soon as possible. Refer to CDPHE resources. □ Individual(s) who are showing s/s of COVID-19, administer a rapid COVID-19 test. □ Consult with medical provider & provide ongoing updates during the outbreak. □ Appropriately isolate symptomatic or exposed person(s), following physical distancing protocols and use of NPIs. □ Provide adequate care and support for sick and/or exposed individuals, including food, access to restroom, medication administration, supervision, monitoring, etc. □ Initiate cleaning & disinfecting process, including temporary closure of area(s) used by symptomatic person(s). 	<p>Conduct daily meetings once outbreak occurs – revisit process of CDP daily. Ensure consistent and on-going communication updates of outbreak to campers and staff, stressing the importance of the control of information outside of camp.</p> <p>ICT provides external camp communication, media and resource support.</p> <p>Determine appropriate separate triage location(s) to admit individuals who have not been exposed.</p> <p>Determine additional location(s) to admit ill, should health center isolation areas reach capacity. Ensure bathrooms are separate from those not exposed. Bathrooms and isolation areas are to be cleaned/disinfected on an hourly schedule.</p> <p>It is important to identify those who are cases vs. those who are contacts of a communicable disease, as the isolation/quarantine periods will differ.</p> <p>Organize the transportation of ill campers & staff and their belongings to isolation areas.</p>

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	<ul style="list-style-type: none"> □ For campers choosing to go home, arrange transportation with the camper’s family for pick-up of those symptomatic and/or exposed. □ Contact the CDPHE and CDHS to report outbreak of communicable disease. □ Follow CDC/CDPHE guidance for quarantine and/or isolation <ul style="list-style-type: none"> -COVID-19 guidance; refer to CDC & CDPHE links □ Ensure camp programming continues for those unexposed to illness, or exposed and showing no s/s of a communicable disease. □ Ensure proper record keeping <ul style="list-style-type: none"> -Medical and health records of all ill/exposed -Keep records of meeting minutes -Records of processes during outbreak/Incident Reports -Records of any phone calls, emails, texts, etc. 	<p>Arrange for the delivering and collecting meals, laundry services, and removal of trash & waste. (INFECTIOUS waste is to be handled via ‘Red Bag’ protocols).</p> <p>Augment menu of meals & beverages for those ill to keep individuals healthy and eating.</p> <p>As more individuals become ill, it may be necessary to divert staff to assist in the health center or additional triage areas and helping to provide additional support as mentioned.</p> <p>*When assigning, consider who is appropriate for this work, the impact on programming, and the flexibility of reassigned staff.</p>
Closing exposed areas	<ul style="list-style-type: none"> □ Follow protocols for cleaning and disinfection for routine infection prevention. □ Notify all staff and campers of closures of areas and/or restrictions put in place due to exposure. □ If possible, wait at least 24 hours before cleaning/disinfecting facilities, shared equipment, etc. 	<p>Routine cleaning and disinfecting should follow CDC cleaning and disinfecting guidance, and includes cleaning all areas between cohorts.</p> <p>Refer to GSCO Cleaning & Disinfecting Protocols for OP & Properties</p>
Opening exposed areas	<ul style="list-style-type: none"> □ Ensure protocols of cleaning and disinfecting had taken place. □ Secure authorization to resume/reopen from appropriate Director. □ Notify all staff and campers of opened areas and/or restrictions now put in place. □ If possible, wait at least 24 hours after cleaning/disinfecting to utilize facilities, shared equipment, etc. □ Individuals cleaning infected areas must be provided with appropriate PPE and wear a N-95 mask. 	<p>Routine cleaning and disinfecting should follow CDC cleaning and disinfecting guidance, and includes cleaning all areas between cohorts.</p> <p>Refer to GSCO Cleaning & Disinfecting Protocols for OP & Properties</p> <p>Consider the potential of hiring a professional cleaning crew to come in and re-disinfect/clean/sanitize all of camp.</p>

RECOVERY/MITIGATION	PLAN SPECIFICS	RESOURCES/CONSIDERATIONS
RESOLUTION	<ul style="list-style-type: none"> □ Complete CDP Team Evaluation □ Review Documentation/Record Keeping 	<p>Debrief incident/outbreak and mitigation plans prior to returning to routine activity.</p>

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RESOLUTION	<ul style="list-style-type: none"> □ Update/revise staffing and/or supervision plans to address any gaps or deficiencies. □ Communicate to all staff and CDP Team any changes or updates to CDP and associated protocols. □ Ill individuals may return to camp program based on the requirements in How Sick it Too Sick, the Infectious Disease Guide, as directed by the health department, or as directed by their health care provider or public health provider. 	<p>Determine effectiveness and identify potentials for change; update policy/procedures.</p> <p>Confirm completion of documentation by all of CDP team.</p> <p>Gather feedback of experiences of all staff and campers who wish to share. Allow time for staff rest and recuperation.</p> <p>Ensure the date/time the individual(s) returned to camp be recorded in illness log.</p>